

COVID-19 INFORMATION FOR HEALTHCARE FACILITY EMPLOYEES

BACKGROUND

To slow the spread of coronavirus disease 2019 (COVID-19) into Pennsylvania, the Department of Health (DOH) is working with local public health partners to implement after-travel health precautions. There are currently four countries that have a Level 3 Travel Health Notice. Additional countries may be added as the global situation continues to evolve. An updated list of countries can be found [here](#)

It is important to call **1-877-PA-HEALTH (1-877-724-3258)** before you go to a doctor's office or emergency room after coming back from traveling. If you get sick with fever (100.4°F/38°C or higher), cough, or have trouble breathing, seek medical care; tell your doctor about your recent travel and your symptoms, avoid contact with others. If you need medical care for other reasons, call ahead to **1-877-PA-HEALTH (1-877-724-3258)** and to your doctor and tell them about your recent travel to an area with widespread or ongoing community spread of COVID-19.

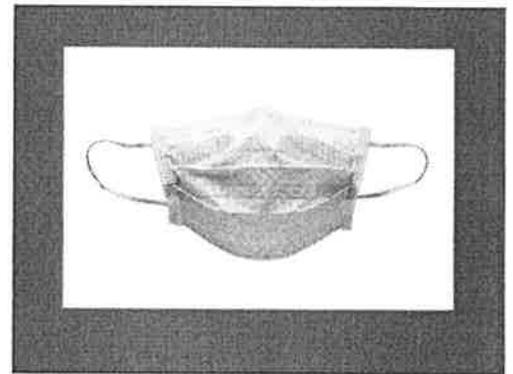
WHAT SHOULD HEALTHCARE FACILITIES DO WITH EMPLOYEES?

Employees who have returned from [Iran](#) or [China](#):

1. The health department will be alerted by CDC and will contact the individual(s)
2. Stay home and self-isolate yourself for 14 days after travel

Employees who have returned from [Italy](#) or [South Korea](#):

1. They need to call **1-877-PA-HEALTH (1-877-724-3258)** to let the health department know about their travel
2. Stay home and self-isolate yourself for 14 days after travel



Any travelers returning from Iran, China, Italy and South Korea should self-monitor for symptoms like fever, cough, or trouble breathing. If you become sick, call **1-877-PA-HEALTH (1-877-724-3258)** and the doctor's office or emergency room before visiting.

For information on how to self-monitor and practice social distancing, visit <https://www.health.pa.gov/topics/disease/Pages/Coronavirus%20Travelers.aspx>

WHAT CAN YOU DO?

- **Wash** hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- **Cover** any coughs or sneezes with your elbow, do not use your hands!
- **Clean** surfaces frequently, such as countertops, light switches, cell phones and other frequently touched areas.
- **Contain**- if you are sick, stay home until you are feeling better.

RESOURCES FOR MORE INFORMATION

For more information, visit <https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>
Information for healthcare workers is available [from the CDC](#).

COVID-19 INFORMATION FOR HEALTHCARE FACILITY PATIENTS

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WHAT SHOULD HEALTHCARE FACILITIES DO WITH PATIENTS WHO REPORTED SYMPTOMS?

Patients who have returned from [Iran](#) or [China](#):

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FOR PRE-K

BACKGROUND

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WHAT SHOULD SCHOOLS DO?

If a student, teacher or faculty member have returned from [Iran](#) or [China](#):

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WHAT IF WE HAVE A STUDENT WHOSE HEALTH IS BEING MONITORED?

If a student becomes a patient under investigation, schools should continue to follow usual procedures for notification of parents/guardians whose children are ill at school. Schools should also work with their local health department regarding notification.

PREVENTIVE MEASURES

The department encourages schools to increase education on ways to protect yourself from illnesses such as the cold, flu and also the coronavirus:

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Date Updated: 3/6/2020

Date Created: 2/6/2020

FOR K-12 SCHOOLS

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RESOURCES FOR MORE INFORMATION

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Date Created: 2/3/2020

Date Updated: 3/6/2020

BACKGROUND

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WHAT SHOULD COLLEGES AND UNIVERSITIES DO?

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For information on how to self-monitor and practice social distancing, visit <https://www.health.pa.gov/topics/disease/Pages/Coronavirus%20Travelers.aspx>

WHAT IF WE HAVE A STUDENT WHOSE HEALTH IS BEING MONITORED?

If a student becomes a patient under investigation, colleges and universities should continue to follow usual procedures for notification of an infectious disease case at the school. Colleges and universities should also work with their local health department regarding notification.

PREVENTIVE MEASURES

The department encourages schools to increase education on ways to protect yourself from illnesses such as the cold, flu and also the coronavirus:

- **Wash** hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- **Cover** any coughs or sneezes with your elbow, do not use your hands!
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- **Contain**- if you are sick, stay home until you are feeling better.

RESOURCES FOR MORE INFORMATION

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Date Created: 2/3/2020

Date Updated: 3/6/2020

COVID-19 INFORMATION FOR RETURNING TRAVELERS

SELF-MONITOR AND PRACTICE SOCIAL DISTANCING



1. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.



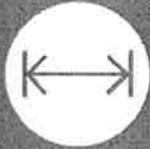
2. Stay home and avoid contact with others. Do not go to work or school for this 14-day period.



3. Do not take public transportation, taxis, or ride-shares.



4. Avoid crowded places (such as shopping centers and movie theaters) and limit activities in public.



5. Keep your distance from others (about 6 feet or 2 meters).



6. If you need support services during this self-monitoring and social distancing period, call 1-877-PA-HEALTH (1-877-724-3258).

You can return to your regular routine when 14 days have passed since your departure date, provided you remain well and have not been diagnosed with COVID-19. For example, if you left a country with a Level 3 Travel Health Notice on March 1, you can return to work starting on March 15. Employers should not require a doctor's note to return to work.

TAKE EVERYDAY PRECAUTIONS



WASH YOUR HANDS



DON'T TOUCH FACE



AVOID SICK PEOPLE

INFORMATION + UPDATES:
HEALTH.PA.GOV



pennsylvania
DEPARTMENT OF HEALTH

Created 03/05/2020

PREPARING FOR THE SPREAD OF COVID-19

HOW DO I PREPARE?

CREATE A HOME EMERGENCY KIT



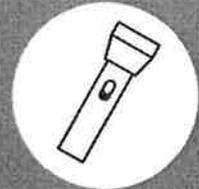
NON-PERISHABLE FOOD



BOTTLED WATER



MEDICATIONS



FLASHLIGHT + EXTRA BATTERIES



FIRST AID KIT



WARM CLOTHING



BABY SUPPLIES



PET SUPPLIES

KNOW THE SYMPTOMS OF COVID-19



FEVER



COUGH



SHORTNESS OF BREATH

SPREADS THROUGH CLOSE CONTACT

TAKE EVERYDAY PRECAUTIONS



WASH YOUR HANDS



DON'T TOUCH FACE



AVOID SICK PEOPLE

INFORMATION + UPDATES:
[HEALTH.PA.GOV](https://www.health.pa.gov)



pennsylvania
DEPARTMENT OF HEALTH

Created 02/25/2020

CORONAVIRUS (COVID-19)

RETURNING TRAVELER INFORMATION

HOW IS IT SPREAD?



close contact with people who are sick



symptoms may show up 2-14 days later



no vaccine is available

WHAT ARE THE SYMPTOMS?



fever



cough



shortness of breath

GUIDANCE FOR TRAVELERS

If you have returned from Iran or China:

1. The health department will be alerted by CDC and will contact you
2. Stay home and self-isolate yourself for **14 days after travel**

If you have returned from Italy or South Korea:

1. Call **1-877-PA-HEALTH** (1-877-724-3258) to let the health department know about your travel
2. Stay home and self-isolate yourself for **14 days after travel**

Any travelers returning from Iran, China, Italy and South Korea should **self-monitor** for symptoms like fever, cough, or trouble breathing. If you become sick, call **1-877-PA-HEALTH** (1-877-724-3258) and the doctor's office or emergency room before visiting.

People should not be excluded from activities based on their race or country of origin. This guidance is based only on a person's travel history.

PREVENTION



wash hands with soap and water for 20 seconds



don't touch face with unwashed hands



avoid contact with sick people

For more information and updates, visit:

health.pa.gov



IF YOU ARE SICK



stay at home



cover nose and mouth when sneezing



wear a surgical mask



avoid contact with others



keep objects and surfaces clean

Updated: 3/5/2020
Created: 2/6/2020